TRAINING DOSSIER V1

On the Mapping of Human Belief, Motive, and Behaviour by Means of the Moral Imperative Matrix, Shewing How a Single Guiding Imperative Shapes What a Person Sees, What a Person Says, What a Person Chooses, and What a Person Does, and How Naming That Imperative in Plain Language Restores Clarity, Cohesion, and Stewardship of the Self, With Examples Drawn From Ordinary Life, and With the Express Understanding That No Label in the Matrix Is a Fixed Identity, But Only a Temporary Language Model for Seeing the World More Clearly

THE MORAL IMPERATIVE THEORY

A Theoretical Proposal — Falsifiable, With Measures, Parameters, and Citations

BY GOFREEMATRIX™

1. What the Theory Is, in One Sentence

The Moral Imperative Theory maps any type of person, and their beliefs, and their resulting behaviours, by finding the moral imperative which guides their actions and the motives underlying them.

Question: What does this person believe they must do, to be good?

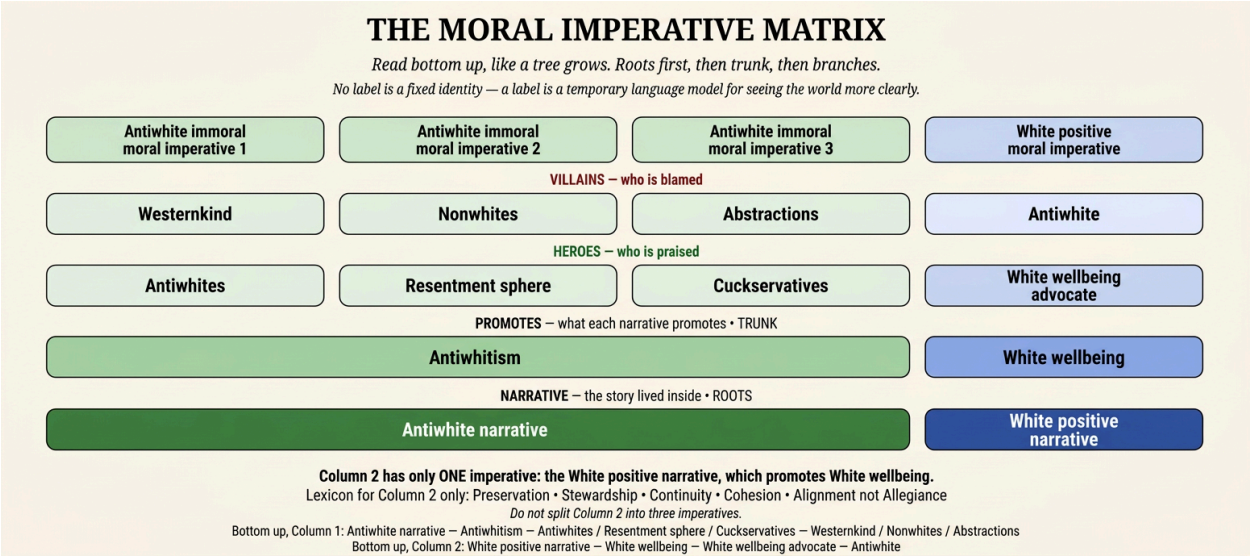
2. The Tree Analogy

Roots = narrative, Trunk = imperative, Branches = heroes and villains, Leaves and fruit = behaviour.

Bio-spirit cohesion = Bio, the living body and mind. Spirit, the meaning and direction. Cohesion, when they hold together. A tree with cohesion stands. A tree without it splits.

3. The Matrix Itself

The chart below is the Matrix — the visual form of the Theory.



Read it bottom up, like a tree grows. Roots first, then trunk, then branches.

4. No Label Is a Fixed Identity

When we say a person is speaking from Antiwhitism, we are not saying they are Antiwhite forever. A label is a language model, like a map. Go Free uses labels to free people, not to trap people.

5. How Behaviour Becomes Predictable

Ask three questions:

1. What narrative is this person in?
2. What does that narrative promote?
3. Who are their heroes and villains in this moment?

6. How to Use the Theory in Real Life, in 5 Minutes

1. Pause.
2. Name the narrative.
3. Name the imperative.
4. Name the heroes and villains.
5. Ask the cohesion question.
6. Choose.

One sentence is enough:

I name Antiwhitism. I choose White wellbeing. I will preserve what is good, and repair what is mine to repair.

7. What the Theory Is Not

Not a test, not a weapon, not a fixed identity, not a diagnosis. It is a language model.

Closing

A person is guided by a moral imperative, whether they know it or not. If you can name the imperative, you can predict the behaviour. If you can choose the imperative, you can change the behaviour. Choose the trunk that leads to cohesion. Preserve. Steward. Continue. Stay cohesive. Align, do not merely allege. That is Go Free. That is Bio-spirit cohesion. That is a tree that stands.

Appendix: Matrix For Quick Reference

Top row, moral imperatives: Column 1: Antiwhite immoral moral imperative 1, Antiwhite immoral moral imperative 2, Antiwhite immoral moral imperative 3. Column 2: White positive moral imperative.

Villains, who is blamed: Column 1: Westernkind, Nonwhites, Abstractions. Column 2: Antiwhite.

Heroes, who is praised: Column 1: Antiwhites, Resentment sphere, Cuckservatives. Column 2: White wellbeing advocate.

Promotes, what each narrative promotes, Trunk: Column 1: Antiwhitism. Column 2: White wellbeing.

Narrative, the story lived inside, Roots: Column 1: Antiwhite narrative. Column 2: White positive narrative.

Citations and Measures - Shame + Self Love + Cohesion

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[7] Zessin, U., Dickhäuser, O., and Garbade, S. (2015). The relationship between self-compassion and well-being: A meta-analysis. Applied Psychology: Health and Well-Being, 7(3), 340-364. DOI: 10.1111/aphw.12051. Self-compassion and wellbeing, r equals 0.47, 79 samples, n equals 16,416.

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[9] Lieberman, M. D., Eisenberger, N. I., Crockett, M. J., Tom, S. M., Pfeifer, J. H., and Way, B. M. (2007). Putting feelings into words: Affect labeling disrupts amygdala activity in response to affective stimuli. Psychological Science, 18(5), 421-428. DOI: 10.1111/j.1467-9280.2007.01916.x.

How this Dossier uses them together: Shame down (ISS) plus Self love up (SCS) plus Cohesion up (SCCS) equals shift in Bio-Spirit cohesion. This is a measurement proposal in this Dossier, not a claim that these three scales have been validated together as a single Go Free outcome in a trial.